

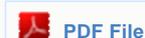
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The Hampshire & IOW Local Medical Committee

•[HIOW LMC Committee Members from 01.04.2018](#) The Committee of the Hampshire and IOW LMC meets 5 times a year, and consists of 30 members elected from 8 constituencies, covering the whole of Hampshire and the Isle of Wight, which makes it the largest LMC in the country. In addition, the Committee is permitted to co-opt up to 5 GPs who are under-represented on the committee, or have particular expertise that would be of use to the committee, with three of these seats being reserved for GPs in the first five years post qualification.

Elections are held every two years under the terms of the LMC constitution, and all GPs are eligible for nomination and election. Sessional GPs i.e. those who are not Partners, may choose to stand in their geographical area, or for sessional seats.

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Chair

Dr Sally Johnston

Sally trained at Guys Hospital, London and then completed her GP vocational training in Wessex, subsequently joining Chawton House Surgery where she has been a partner since 1988 and senior partner since 2007, working LTFT initially then full time when her 3 children left home- 2 of whom are junior doctors, she has 3 grandchildren so far!

Sally was drawn to medical politics through her involvement with the Hampshire and Isle of Wight LMC, having started as a representative for the New Forest, becoming a Vice Chair in 2005, then Chair in 2014, she is also Vice Chair of the Wessex LMCs Secretariat.

Sally is Clinical Lead & Chair of the West New Forest Vanguard (part of the Hants BLC MCP). She is also Clinical Lead of The Practice at Lymington Hospital, an Extended Access Hub.

Sally enjoys teaching; was a GP trainer for more than 15 years and remains actively involved in teaching FY2's and Medical students.

Sally believes that health care should be available to all according to clinical need, and is passionate about social justice and the development of effective healthcare systems. Medical politics and teaching along with her other interests; tennis, skiing and all things cultural, help keep Sally motivated and sane in the challenging yet highly rewarding world of NHS General Practice.

Vice Chairs

Andrew Scott-Brown

A proud Scot born in Cornwall, Andrew qualified in Aberdeen University in 1982 and joined the Royal Navy, serving mostly in Submarines but fitting in GPVT in Hong Kong. Surfacing as part of the first 'peace dividend' he joined the inner city Lake Road Practice, Portsmouth in 1992 where he remains a partner.

Andrew was previously a Hospital Practitioner in dermatology in PHT, and is increasingly

interested in Occupational Medicine with a particular concern for pastoral support for GPs. Andrew joined the LMC four years ago; the subsequent service has been a revelation and he feels very privileged to have the chance to learn and contribute more as a Vice Chair.

When escaping from Practice and extensive Out of Hours work, after a transition phase in cave and technical diving, Andrew enjoys sailing the family boat, racing when let off the hook, and a bit of cycling.

Dr Helen Lambert

Helen moved from Lancashire to undertake her medical training in Southampton, qualifying in 1998. She had lived and worked locally ever since, working part time and raising her family, one of whom is following the family footsteps into Medicine.

She joined her training Practice in Winchester in 2003, and became an associate GP in 2005. She was appointed as a Partner there in 2010.

Helen is also a GP Trainer and very much enjoys the stimulation and diversity that this brings to Practice. She feels passionately about nurturing the next generation of Doctors and in providing the best training environment and mentorship possible for her Trainees.

Becoming an LMC Committee as a Sessional Representative in 2010, Helen has represented her locality in this role since and now looks forward to her new role as Vice Chair.

Dr Chris Castle

Although born in Hampshire Chris completed his medical studies in Leicester, qualifying in 2010. He swiftly moved back south and after completing his GPVTS joined Westlands Medical Centre in Fareham, his training practice, as a partner. Sharing a vision of professional sustainability through innovation and leadership Chris has been involved in the setting up of the Nextgeneration GP programme in Wessex. Chris is also a locality lead for primary care research and has set up a support network for local surgeries delivered through a research nurse.

Prior to medicine Chris worked at the Royal National Orthopaedic Hospital as a physiotherapist and has since been passionate about using his unique insight to improve the MSK pathway. This has involved developing a self-management app (GPEP) and teaching on the Portsmouth & IOW VTS.

He balances this with his home life which includes two young children and a healthy dose of running/cycling.

Chris has thoroughly enjoyed being involved in the discussions that becoming a committee member has required. It is therefore a huge privilege to be elected as Vice Chair.

Committee:

- | [LMCs Constitution Framework - H&IOW LMC April 2016](#)
- | [H&IOW LMC Committee Members from 01.04.2018](#)
- | [Committee Meeting Dates 2020](#)
- | [LMC Conference Agenda Motions 2014](#)
- | [LMC Conference Agenda Motions 2015](#)
- | [LMC Conference Report 2015](#)

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We represent GPs and practices across the counties of Dorset, Hampshire & the Isle of Wight , Wiltshire, BaNES and Swindon whilst also providing services to the Islands of Jersey and Guernsey.

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