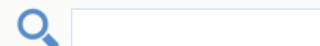


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## Getting Involved

You may have heard the name Wessex LMCs but do you know what the Local Medical Committee looks like or how it works? Likewise with the BMA – you may hear about the General Practitioner's Committee or GPC but what does that mean or feel like? If you are interested then please consider coming along as an observer to one of our committee meetings. Simply send an email to us at [office@wessexlmcs.org.uk](mailto:office@wessexlmcs.org.uk)

We have had the following feedback:

- “Really good experience”
- “Perfect introduction, very helpful, especially introducing lots of the new terms.”
- “I better understand not only the function of the LMC but the structure of the NHS in general. I also better understand the role of the GP and have developed an interest in medical politics as a result”
- “Firstly it helped me learn more about the NHS and primary care structure and largely about the role of the LMC and how much they have to offer when I eventually qualify as a GP.”
- It was really a very helpful and educational experience and has meant I would seriously think about further involvement with the LMC.

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## How to Become an LMC Committee Member

Elections are held every two years under the terms of the LMC constitution, and all GPs are eligible for nomination and election. Sessional GPs i.e. those who are not Partners, may choose to stand in their geographical area, or for sessional seats. Please send your details to [office@wessexlmcs.org.uk](mailto:office@wessexlmcs.org.uk) should you wish to be considered for election.

<https://www.wessexlmcs.com/aboutus>

## Sessional GPs Sub-Committee

Click here for information: <http://sgp.bc.ca/join/>

[https://www.bma.org.uk/connecting-doctors/the\\_practice/b/weblog/posts/your-lifeline-why-you-should-join-your-local-sessional-gp-group](https://www.bma.org.uk/connecting-doctors/the_practice/b/weblog/posts/your-lifeline-why-you-should-join-your-local-sessional-gp-group)

[Regional Sessional Subcommittee Members](#)

## General Practitioners Committee (British Medical Association)

<https://www.bma.org.uk/collective-voice/committees/general-practitioners-committee/gpc-members/gpc-members-list>

<https://www.bma.org.uk/collective-voice/committees/general-practitioners-committee/gpc-elections>

## Blogs

Chance Events Lead to Unexpected Opportunities: [https://www.bma.org.uk/connecting-doctors/the\\_practice/b/weblog/posts/chance-events-lead-to-unexpected-opportunities](https://www.bma.org.uk/connecting-doctors/the_practice/b/weblog/posts/chance-events-lead-to-unexpected-opportunities)

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### What we do

We represent GPs and practices across the counties of Dorset, Hampshire & the Isle of Wight, Wiltshire, BaNES and Swindon whilst also providing services to the Islands of Jersey and Guernsey.

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